

The Hub

At Maplewood Middle School

What is the Hub?

- The Hub is a School Based Youth Services Program that is free of cost to any current student at Maplewood Middle School
- We provide individual counseling, peer support groups, family counseling, and recreation programs for students. All services are confidential
- Staff:
 - Caroline Raba, LPC – Coordinator
 - Quandra Milton – Youth Development Specialist & Clinical Intern
 - Makeda Hagans – Youth Development Specialist
 - Ann Koenig, LSW – Clinician

Individual Support Opportunities

- Students can be referred to the Hub from their parents, guidance counselor, teacher etc.
- They would be assigned to work with either our clinician or one of our two clinical interns.
- Meetings can take place:
 - During school, such as during an elective they are doing well in, during lunch or after school
 - We have a private office within the school where individual meetings are held.

Groups at the Hub

- On Tuesdays & Thursdays we open the main Hub office to students during their lunch periods. This creates a smaller environment for students that may feel overwhelmed by the cafeteria.
 - Our maximum capacity is approximately 10-12 students
- Teen Summit & Boy's Group:
 - Teen Summit is our girl's group offered on Fridays after school
 - Boy's group is held Thursdays after school from 3:15-4:15
 - Both groups are facilitated by Hub staff and a clinical intern

Other Offerings

- The Hub is open every day after school until 5:30pm
 - If the school is closed, we are closed
- We are a safe space for students to come after school to unwind, do homework, spend time with peers etc.
- We provide a monthly calendar of activities that include open recreation in the gym, arts & crafts, and other creative endeavors for the students

Contact Us

- Caroline Raba – Coordinator of the Hub
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 - 201-452-5832
 - Follow us on remind: @thehubmms