
In School Therapeutic Education Program- ISTEP

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How we began...

Created in Spring 2014 to replace Effective School Solutions (ESS) at Maplewood Middle School. The Director of Special Services and Principal stated “We believe that someone with not only the clinical skills necessary to have a successful program but also with a deeper understanding of our middle school would add value to the model.”



What we do....

ISTEP provides intensive wraparound counseling to help students with their social/emotional/behavioral issues that impact them in school.



Services Provided:

Weekly Individual Counseling

Teacher/Staff Consultation

Weekly Group Counseling

Coordination with Outside Treatment Providers

Parent/Family Counseling

IEP/504 Meeting Recommendations

Morning/End of Day Check Ins

Academic Support

Crisis Intervention

Supervised Lunch

Quiet Room/Time Out

COUNSELING



ISTEP Academic Support

There is a Special Education Teacher assigned to ISTEP. The teacher provides various academic support services to the ISTEP students. These services include:

Weekly monitoring of assignments/grades

Consultation with general and special education teachers to modify work as needed

Development of work plans

Organizational support

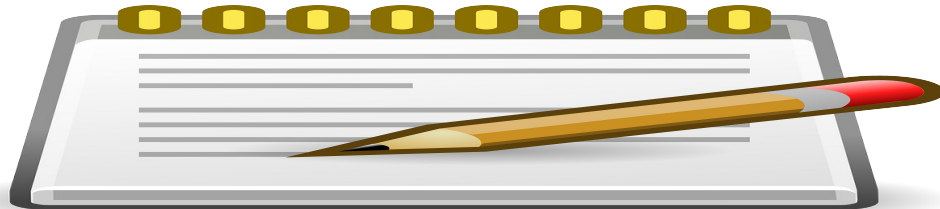
Communication with parents

Direct assistance with schoolwork



Referral Process

- 1- Referral Sources: CST, Guidance, School Social Workers, Administration**
- 2- Prior to making a referral, the referral source should consult with ISTEP coordinator**
- 3- If referral is potentially appropriate, referral source should complete referral form and send to ISTEP coordinator**
- 4- ISTEP coordinator will contact parent to set up intake appointment**



ISTEP Student Profile

Social-Emotional functioning significantly impacts school and classroom functioning

Student requires regular social/emotional support in school

Parents willing to engage in treatment process

Many ISTEP students are also in outside treatment

In general, ISTEP students are those who need more frequent and intensive counseling than the weekly counseling provided by a school social worker, but who can navigate a public school setting with the appropriate support

Intake Appointment

Once the referral is received, an intake appointment will be scheduled. Typically, parents attend the initial intake, which is a comprehensive biopsychosocial interview to determine appropriateness for the program. Later, the ISTEP counselor and teacher meet with the student.



Contact Information

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